

Post-treatment refreshment

We've created two beautiful, complimentary, seasonal recipes, featuring apple as a key ingredient, which offer guests a unique, refreshing finish to their treatment.

Spring/Summer

Apple, Chamomile, Mint & Cucumber Cooler

A refreshing blend of cloudy apple juice, cooled chamomile tea and mint syrup, sharpened with lemon juice and topped with soda water.

Autumn/Winter

Hot Buttered Spiced Apple

A comforting blend of cloudy apple juice and citrus, infused with aromatic spices and a hint of fennel.



How to book

For spa reservations and information, give our team a call on **01684 272300**, or email **spa@tewkesburypark.co.uk**

Treatments for residents will be charged to room accounts and non-residents will be required to pre-pay at time of booking.

Cancellation policy

If you unfortunately have to cancel your treatment with less than 48 hours' notice a full charge will be made.

When to arrive

To maximise your indulgence and avoid eating into your precious treatment time, please arrive 10 minutes before your appointment. Head to the wellness reception and we'll meet you for your treatment.

What to wear

Just come along in your normal clothes – and don't forget to pack your swimwear for a dip.

Health advice

Let us know when you book if you have any health conditions (including pregnancy) that we should be aware of; we can tailor our treatments for you.

We'll also ask you to complete a short health consultation form when you arrive, just to double check that the chosen treatment is suitable for you.

Guests must be 18 or over to enjoy spa treatments (excludes 45 minute Mini Bramley Facial).

Pressies & gift vouchers

Looking for the perfect gift? Let us help... with gift vouchers available on our website or from our reception team, and spa products to take away with you, you're sure to find something for even the trickiest of recipients.




In-room self-care experiences

Keen to indulge in some in-room pampering when you visit us? Take your pick from our massage, unwind or face mask experience boxes for the ultimate relaxation. Just ask our reception team, who will be happy to help.



Tewkesbury Park

Lincoln Green Lane, Tewkesbury, GL20 7DN

www.tewkesburypark.co.uk | 01684 272 300 | spa@tewkesburypark.co.uk |   



Treatment Menu

Products by Bramley

BRAMLEY
BOTANICAL MAGIC

Our range of face and body treatments use carefully-selected, botanically-sourced products from Bramley.

Invigorated, calm, detoxed, moisturised... let us know how you would like to feel and we'll fully tailor your treatments to suit you.

Enjoy complimentary access to our wellness facilities with every 60-minute treatment booked.

Bramley Skin

This award-winning collection of skincare products has been developed to help support the skin's natural function with vitamins, antioxidants and powerful botanical ingredients. Instilling a sense of calm and delivering long-lasting results.

What makes Bramley Skin unique?

Nature meets science – Formulations combine essential oils, native plant extracts and a signature apple ingredient with powerful science-backed actives such as niacinamide, vegan collagen and hyaluronic acid for visible results.

Treatment-led – Our spa menu is thoughtfully designed to combine advanced therapeutic techniques and signature touches for a memorable experience.

Created for everyone – The natural skin formulas are suitable for all, including male skin, mothers-to-be and those receiving cancer treatment. Bramley is certified by The Vegan Society and Leaping Bunny.

Sustainability – Bramley is incredibly proud of its environmental ethos. All formulations are made in England, free from harmful ingredients and in recyclable packaging.



Facial treatments

Bramley Facial

Tailored to your unique skin needs, this facial uses our unique combination of essential oils and active ingredients to hydrate and nourish dry skin, deep cleanse congested and oily skin, and soothe and rejuvenate sensitive or aging skin. You will leave with a wonderfully fresh and glowing complexion.

£80 | 60 minutes

Apple Peel AHA Facial

This targeted AHA treatment uses powerful glycolic, lactic and malic acid (derived from apple peel), to help refine and rejuvenate your skin, encouraging new cells to the skin's surface, whilst toning and firming the facial muscles, revealing a soft and luminous glow. It incorporates a relaxing facial massage that helps to release any build-up of toxins improving skin tone and radiance. You and your skin will be left feeling completely revitalised.

£85 | 60 minutes

Mini Bramley Facial

This is a mini version of our bespoke Bramley facial created specifically for your skin's needs. Your skin will feel and appear refreshed and a brighter version of itself. A perfect starter facial, gentle enough for young skin (age 10+) and mothers-to-be.

£60 | 45 minutes



Body treatments

Bramley Full Body Massage

Allow yourself a moment of serenity with this deeply relaxing massage tailored entirely to your needs. Your therapist will select a therapeutically-blended body oil according to your concerns, be that muscle pain, stress relief, emotional balance or simply pure relaxation. Allow your senses to be soothed, your muscles warmed and your body relaxed.

£80 | 60 minutes

Bramley Selenite Crystal Full Body Massage

This bespoke body treatment combines the therapeutic properties of essential body oils with the healing effects of warmed selenite crystals. These beautiful stones are believed to help restore peace, while easing tension in the muscles. The body is nurtured with warmth from head to toe, freeing the mind of stress, leaving you feeling totally relaxed and restored.

£95 | 60 minutes

Bramley Mother-to-Be (suitable from 12 weeks & over)

Your bespoke head-to-toe nurturing treatment brings a beautiful sense of inner calm, helping ease tiredness and reduce stress on weight-bearing joints. This treatment helps give a sense of grounding, as your newly-relaxed body and mind is passed on and shared with your baby.

£80 | 60 minutes

Bramley Rebalance Ritual

Allow yourself to discover mindful moments with a wonderfully rebalancing wellness ritual. The focus is to help balance the body, calm the nervous system and improve circulation. Your treatment is tailored to your needs and can include a combination of face and body brushing and scrub for renewed and brighter skin. A facial with cryotherapy crystals helps compromised or hormonal complexions, blending into a rebalancing and nutrient-rich body massage and sealed with a replenishing mask. Skin feels nourished, while the mind feels calmed, leaving you in a sense of harmonious balance.

£130 | 90 minutes

Time For Me with an Afternoon Tea

Treat yourself to some well-deserved relaxation with our Time for Me experience. Unwind with your choice of a mini Bramley facial or back, neck and shoulder massage, then indulge in our delicious afternoon tea, served with a chilled glass of Hattingley Valley English sparkling rosé. The perfect way to pause, relax and enjoy a little 'me time' in beautiful surroundings. Complimentary access to the wellness facilities is included.

£100 | 45 minutes